



## UPCOMING TRIPS

**Tuesday, October 4 – SHENANDOAH SHOPPING TRIP**

**Location:** Stuart's Draft, Virginia

**Time:** Departs from Salem Civic Center at 8:00 am

**Cost:** \$25

**Details:** The Cheese Shop, Little Debbie Outlet Store, and Shenandoah Heritage Market in Stuart's Draft, VA Cost includes travel and lunch at the Wood Grill.

**Tues., November 15 – SOUTHERN CHRISTMAS SHOW**

**Location:** Charlotte, North Carolina

**Time:** Departs from Salem Civic Center Tuesday at 7 am

**Cost:** \$25

**Details:** Shopping trip to the Park Expo and Conference Center in Charlotte, NC for a fun day of Christmas Shopping. Cost includes travel and entrance to the expo. Lunch will be on your own at the Conference Center food court and dinner will be on your own during travel home.

**Tues., November 22 – TANGLEWOOD LIGHTS**



**Location:** Clemmons, North Carolina

**Time:** Departs from Salem Civic Center Tuesday at 1:00pm

**Cost:** \$15

**Details:** Tanglewood Park's rolling countryside will be transformed into a winter wonderland of giant, twinkling snowflakes and whimsical scenes! Entering our 25th season, Dinner will be on your own in Winston-Salem.

**Wed., December 7 – "A WOLFAHRT HAUS CHRISTMAS"**

**Location:** Wytheville, Virginia

**Time:** Departs from Salem Civic Center Wed at 10:00am

**Cost:** \$65.00

**Details:** Enjoy a delicious Holiday feast before you are completely immersed in the Christmas season. This original production is stuffed with all the Christmas songs you know and love, as well as dazzling dance numbers and beautiful costumes! This fun-filled Holiday production also features a breath-taking Nativity which is sure to put the whole family in the Christmas Spirit.

**Tues., December 20 – "SPEEDWAY IN LIGHTS"**

**Location:** Bristol, Virginia

**Time:** Departs Salem Senior Center Monday at 7:00am

**Cost:** \$15

**Details:** The largest holiday light show in the south – 4 miles and two million lights provides entertainment for thousands and raises money for children charities. Dinner on your own during travel to Bristol.

**SIGN UP IN THE OFFICE.  
MUST PAY WHEN SIGNING UP.**

# SALEM SENIOR CENTER OCTOBER 2016 NEWSLETTER



## EVENTS & ACTIVITIES



### "CHRISTMAS AT THE BILTMORE"



**When:** Monday, December 12

**Location:** Asheville, North Carolina

**Time:** Departs Salem Civic Center Monday at 7:00am

**Cost:** \$80

**Details:** Group will be visiting The Biltmore Estate in Asheville, North Carolina for its "Christmas at Biltmore" event. Breakfast biscuits are included during travel. Lunch in Asheville and dinner in route back to Salem are not included in the price.

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### Roanoke County/Salem Health Dept Flu Shot Clinic

Tuesday, October 25, 1 - 3 pm

Sign up in the office to get your flu shot. All insurances will be accepted. If insurance does not cover all the cost, the balance will be written off. If you do not have insurance, the state will provide a flu vaccine free of charge.

### SALEM SENIOR SINGERS

Thursday, October 6, Practice, 12:30 pm

Tuesday, October 11, The Oaks at Richfield  
Be there at 1:30 pm

Tuesday, October 18, Our Lady of the Valley  
Bus leaves at 1 pm

Tuesday, October 25, Snyder's Nursing Home  
Be there at 10:30am

### OCTOBER COLORING CONTEST

Stop by the office for a coloring sheet or two. Enjoy the competition. Pages are judged by City of Salem employees from other departments.

The top four winners will receive a prize!!!

Contest ends October 31.



### Chili Cook-off At Salem Health and Rehab

Thursday, October 6, 2 - 4 pm

Let's ride over and check out the chili recipes.

Leave the Center at 1:45.

Sign up in the office to ride the bus.



### 49ERS + CLUB MEETING SCHEDULE

- Thursday, October 6, Meeting, 11 am.
- Thursday, October 13, Lunch out at Mac 'n Bobs.  
Meet there at 11:30 am.
- Thursday, October 20, Meeting, 11 am.
- Thursday, October 27, Directs the  
Monthly Luncheon 12 noon.

### MONTHLY COVERED DISH LUNCHEON



FOR SENIOR CITIZENS ONLY  
Thursday, October 27, 12 noon

**Entertainment:**  
Salem Senior Center Tappers &  
Salem Senior Center Line Dancers

*Please bring a covered dish!!!*

Blood pressure checks from 11 am - 12 noon by Salem Fire Dept. & Lewis Gale

### Mixed Media/Abstract Art Class

3rd Tuesday of each month

1<sup>st</sup> class is October 18

10 - 11:30am

\$10

Experiment and combine various materials to create your very own abstract art! We will use everything from doilies, seashells, spray paint, acrylic, gold leaf, pallet board, drift wood and canvas. Feel free to bring any items that would add a personalized touch to your artwork. Examples are available in the office. Please dress to get messy!

**SIGN UP & PAY IN THE OFFICE**



**TRIVIAL PURSUIT**  
FRIDAY, OCTOBER 7 – 1 PM  
No worries, it's an easy edition

**SCRABBLE**  
FRIDAY, OCTOBER 28 – 1 PM

\*SIGN UP IN OFFICE  
\*SNACKS WELCOME